

General student Annual Medical checkup contents

1. Implementation period

Date: 19th Oct. 2020 to 29th Oct. 2020

Time: (AM)9:00-11:00, (PM)1:00-3:30

2. Venue

Conference Hall : Date: 19th Oct., 2020 to 23rd Oct., 2020

Clark Memorial Student Center : Date: 26th Oct., 2020 to 29th Oct., 2020

3. Items of medical checkup

Medical examination (including simple hearing), chest X-ray, blood pressure, urinary (protein / sugar / occult blood), eyesight, height and weight

4. Implementing medical institution

Japan Anti-Tuberculosis Association

5. Precautions for medical checkup

- a. Please fill in the necessary information such as your name on the "Health Examination Sheet" and "Urinalysis Bag".
- b. In urinalysis and blood pressure measurement, abnormal values may occur due to lack of sleep or excessive exercise, so please spend the day before and the day of the medical checkup in a normal life. If the day of your visit is during your menstruation period, please take a medical checkup on another day at "L Plaza". Please refer to the venue on 7.
- c. A chest x-ray is done to check for tuberculosis and other chest abnormalities. If you are pregnant or may become pregnant, you can omit the chest X-ray, so please be sure to apply at the reception.
- d. Be sure to wear a mask when visiting the venue.
- e. We will check your physical condition and measure the body temperature near the entrance of the venue.
If there are no health problems, we will guide you to the reception, but if you are in poor physical condition or your body temperature is 37.5°C or higher, you will not be able to take a medical checkup, please take it on another day at "L Plaza".
- f. In order to prevent the spread of COVID-19, we will limit the number of people who can enter the inspection site, so if it is too crowded, you may be asked to return home. If you cannot take the examination on the designated schedule, please take it on another day at "L Plaza".
- g. In order to prevent the spread of COVID-19, download and use the Hokkaido COVID-19 Tracking System and COVID-19 Contact-Confirming Application (COCOA).
- h. In order to prevent the spread of COVID-19, leave the venue as soon as you would finish your medical checkup.

6. Please note that a health examination certificate cannot be issued to non-examined persons. Those who are planning to get a job or go on to graduate school must take all the inspection items. If you need a doctor's seal on your health certificate, you will have to go through this health checkup and then go to the Health Care Center again for a medical examination. The certificate with electronic seal of the director of Health Care Center can be issued by ACM.
7. If you are unable to undergo a medical checkup on the designated schedule, please do so at the "L Plaza". It takes one month or so to issue a health examination certificate. If you plan to graduate in March 2021, please take a health checkup well before to receive the certificate before your graduation.

< L Plaza venue >

Hokkaido Anti-Tuberculosis Association Sapporo Fukujuji Clinic

Kita-ku, Kita8, Nishi3, 28, Sapporo-shi

L Plaza 5th floor

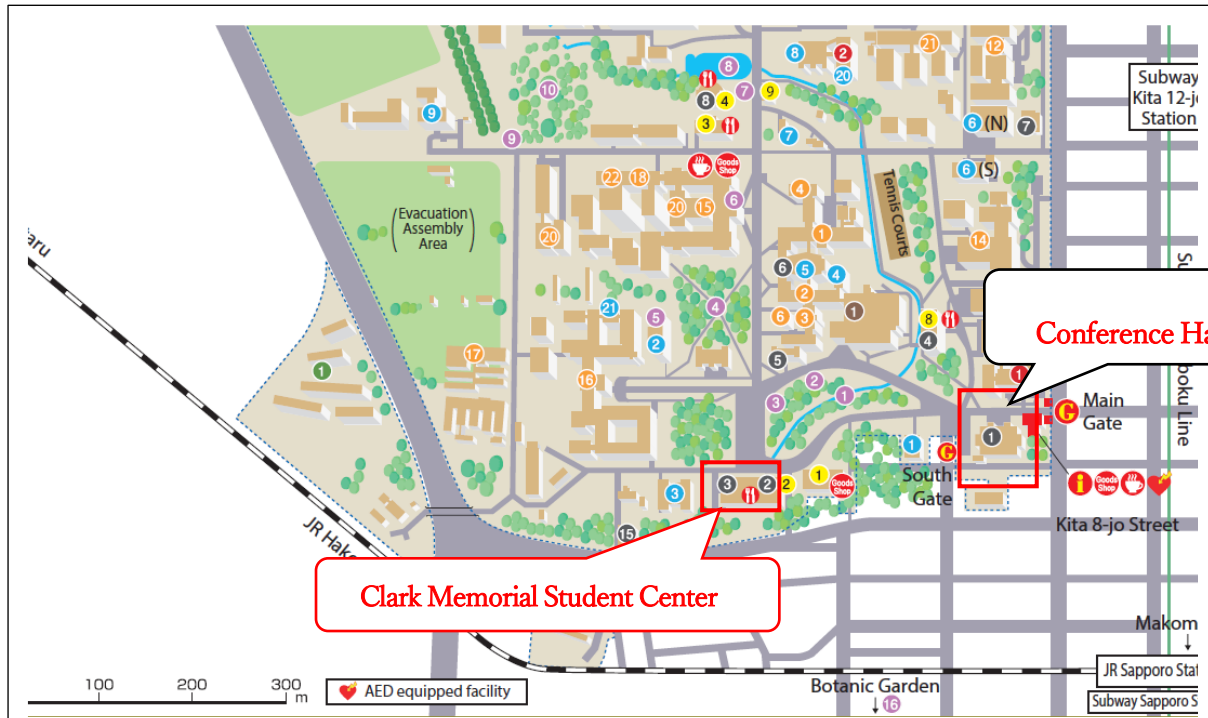
< Implementation period >

Date: 13th Apr. 2020 to 16th Oct. 2020 and 30th Oct.,2020 to 26th Mar. 2021

(Excluding Saturdays, Sundays, and holidays)

Time: (PM)1:00-3:30 (Up to 60 people a day)

<Hokkaido University >



< L Plaza >

