

5 th December, 2023

To Radio Isotope(RI) Medical Checkup examinee,

Health Care Center, Hokkaido University

Information for RI Medical Checkup for RI user

We will carry out medical checkup as follows.

1. Documents distributed in advance

a) Record of previous exposure to radioactivities (The date and time of your medical checkup is printed on the back.)

b) Medical record (Not distributed to those who only have a blood test.)

\*Please fill in the required items in advance and bring them to the venue.

2. Implementation period

18<sup>th</sup> December, 2023 to 31<sup>st</sup> January, 2024 13:30-15:30

(Excluding Saturdays, Sundays, holidays, from 27<sup>th</sup> December,2023-3<sup>rd</sup> January,2024 and 17<sup>th</sup> January,2024)

3. Venue

Health Care Center (Kita-ku, Kita16, Nishi7, Sapporo-shi) (South of the gymnasium)

4. How to take the RI Medical Checkup

Please bring the above-mentioned documents, which are indicated 1., distributed by your affiliation's office and take the RI Medical Checkup at the date and time specified on the back of your "Record of previous exposure to radioactivities".

If it is not convenient for the specified medical checkup date, please change the medical checkup date by the following 5.

5. How to change the medical checkup date

Please send an e-mail containing the following necessary information to the reservation reception desk at least 10 days before the desired date of medical checkup, and receive the reservation confirmation e-mail. Once the reservation is confirmed, you will receive a reply from the Health Care Center.

[E-mail] hokekan@academic.hokudai.ac.jp

[Subject] Change of the RI Reservation

[Contents you should include in your message]

- 1) Your affiliation (school/graduate school/faculty)
- 2) Your name
- 3) Phone number (Number that can be contacted during the day time.)
- 4) Desired date and time of consultation (1st to 4th choice, between 13:30 and 15:30)  
e.g.) 1st choice 19th December 14:00-15:30  
2nd choice 20th December. 13:30-14:30  
3rd choice 21st December. 15:00-15:30  
4th choice 18th January. 13:30-15:30

\* The time zone is reception time. The time required for the medical checkup after reception may be longer depending on the congestion situation, so please come with plenty of time.

#### 6. Medical certificate option

In case your schedule doesn't fit aforementioned time schedule and venue, we will be able to accept the submission of a medical certificate that you have taken at another medical institution. Please consult with the staff of your affiliation in advance.