

Issuing the “Medical Examination Report(健康診断書)” and  
the “Certificate of Health Examination(健康診断証明書)” (AY 2026)

|                                                   | Medical Examination Report<br>(健康診断書)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Certificate of Health Examination<br>(健康診断証明書)                                                                                                                                                                                                                                                                                                                                                                                                           |
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| Eligible recipients                               | Students who completed ALL ITEMS* of the General Student Health Examination<br>*Internal medicine (including simple hearing test), chest X-ray, blood pressure measurement, urinalysis (protein, glucose, occult blood), vision test, height and weight.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| What is the difference between the two documents? | <u>Both contain the results of the AY2026 General Student Health Examination.</u><br>The Medical Examination Report is certified by a school doctor.<br>If the submitting institution requires a specific certificate format, please notify us. Otherwise, it will be issued in HU’s standard format.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Where can it be issued?                           | <u>HU Health Care Center</u><br>Consultation hours: 13:30–15:30<br>(Mon–Fri, excluding national holidays)<br>• The certificate will be issued after the medical examination.<br>• <b>For closure dates, please check the following website.</b><br><a href="https://www.hokudai.ac.jp/hoken/">https://www.hokudai.ac.jp/hoken/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <u>ACM(Automated Certificate Machine)</u><br>ACM units are installed at 8 locations on campus, including the Hakodate Campus.<br>For more details, please refer to the website below.<br><a href="https://intl-student-handbook.oia.hokudai.ac.jp/en/campus_life-en/credentials">https://intl-student-handbook.oia.hokudai.ac.jp/en/campus_life-en/credentials</a>  |
| How many can be issued per day?                   | up to 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| About Additional Screening Items                  | You may request additional health examination only for those specifically designated by off-campus organizations in connection with job hunting, internships, or other activities required for your studies.<br>Please bring the document listing the screening items during the consultation hours of HU Health Care Center.<br><br>Available Tests:<br>(1) Color vision (Ishihara test), waist circumference, chest circumference, grip strength<br>(2) Urine sediment (including qualitative urine analysis), electrocardiogram (at rest), pulmonary function test<br>(3) General peripheral blood tests (red blood cell count, white blood cell count, platelet count, hemoglobin level, hematocrit value, white blood cell differential) .<br><br>Note:<br>For any tests other than those listed above, you must take them at another medical facility (at your own expense) and bring the results with you to have them recorded.<br><b>If you have not take (all or part of) the general student health checkup, a certificate cannot be issued.</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                          |