

General student Annual Medical checkup contents

1. Implementation period and Venue

Dates	Venues	Reception hours
April 8(Wed.) – April 30(Thu.), 2026 *Excluding 2 nd and 4 th Saturdays, Sundays, and holidays. Only on 3 rd Saturday.	Hokkaido University Clark Memorial Student Center (North8 West8)	9 : 0 0 ~ 1 1 : 0 0 1 3 : 0 0 ~ 1 5 : 3 0
May 1(Fri.) – May 29 (Fri.), 2026 * Appointment necessary.	Hokkaido Anti-Tuberculosis Association Sapporo Fukujuji Clinic (on the 5 th Floor of L-Plaza, North8, West3, 28, North-ward, Sapporo-city)	For more information, please see the attached "Regarding reservation".

2. Items of medical checkup

Medical examination (including simple hearing), chest X-ray, blood pressure, urinary (protein / sugar / occult blood), eyesight, height and weight

3. Implementing medical institution

Japan Anti-Tuberculosis Association

4. Precautions for medical checkup

a. Please fill in the necessary information such as your name on the "Health Examination Sheet" and "Urinalysis Bag".

b. In urinalysis and blood pressure measurement, abnormal values may occur due to lack of sleep or excessive exercise, so please spend the day before and the day of the medical checkup in a normal life. If the day of your visit is during your menstruation period, please take all checkup items after menstruation period.

c. A chest x-ray is done to check for tuberculosis and other chest abnormalities. If you are pregnant or may become pregnant, you can omit the chest X-ray, so please be sure to apply at the reception.

d. Visitors are encouraged to wear masks when visiting the venue.

e. We will check your physical condition and measure the body temperature near the entrance of the venue.

If there are no health problems, we will guide you to the reception, but if you are in poor physical condition or your body temperature is 37.5°C or higher, you will not be able to take a medical checkup, please take it on another day.

f. In order to prevent the spread of COVID-19, etc. leave the venue as soon as you would finish your medical checkup.

5. A Certificate of General student Annual Medical Checkup with electronic seal of the director of Health Care Center can be issued by ACM. Please note that a Certificate of General student Annual Medical Checkup can be issued only to persons who take all inspection items of this checkup. Those who are planning to get a job or go on to graduate school must take all the inspection items.

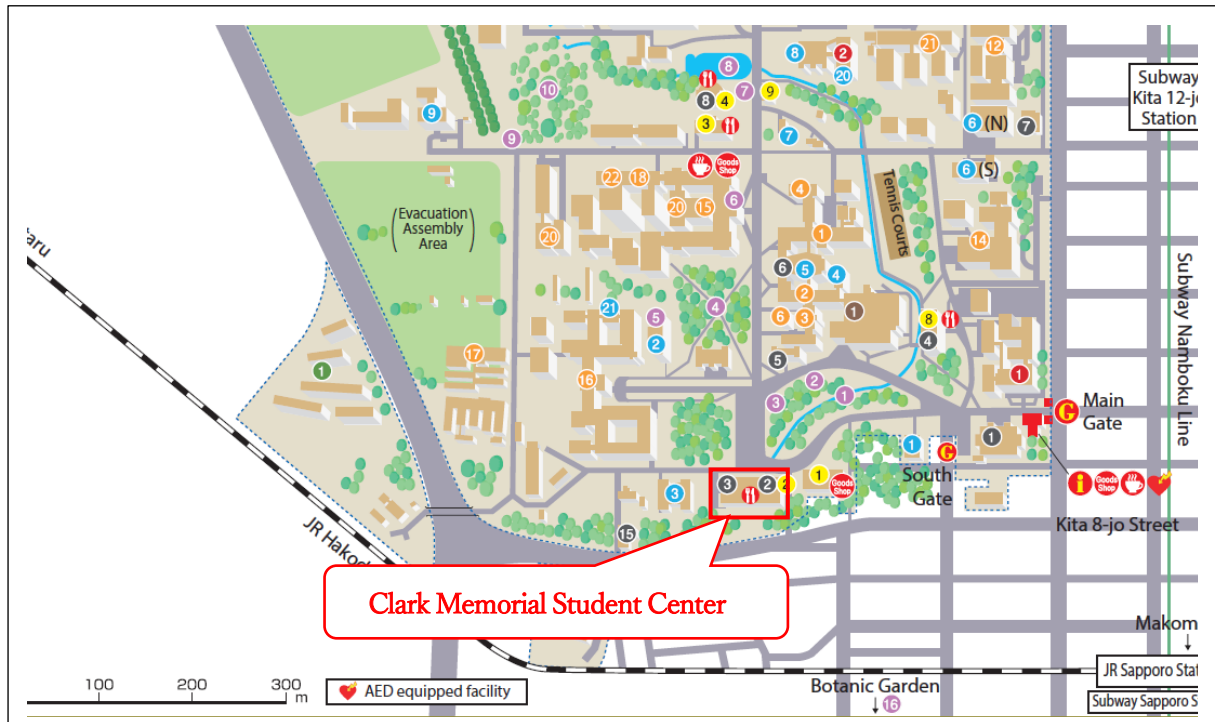
6. Certificate of General student Annual Medical Checkup will be available after June for students who take all items of General student Annual Medical checkup at Clark Memorial Student Center, and after July for students who take all items of General student Annual Medical checkup at “Hokkaido Anti-Tuberculosis Association Sapporo Fukujuji Clinic”. Generally, it takes one month or more to issue a Certificate of General student Annual Medical Checkup. If you plan to graduate during the academic year 2025, please take General student Annual Medical Checkup well before to receive the certificate before your graduation.
7. If you need a health certificate, you will have to go through this checkup and then go to the Health Care Center for a medical examination by a doctor.

Map of the venue

< Hokkaido University Clark Memorial Student Center >

Address: North8 West8, Date: 8th Apr. 2026 to 30th Apr. 2026, Time: (AM)9:00-11:00, (PM)1:00-3:30

(*Excluding 2nd and 4th Saturdays, Sundays, and holidays. Only on 3rd Saturday.)



< Hokkaido Anti-Tuberculosis Association Sapporo Fukujuji Clinic (on the 5th Floor of L-Plaza) >

Address North8, West3, 28, North-ward, Sapporo-city

Date: 1st May. 2026 to 29th May. 2026, Time: (AM)9:30-11:00, (PM)1:00-3:30

(*Appointment necessary. For more information, please see the attached "Regarding reservation".)

